

A to Z of Endocrine Surgical Practice

PRK Bhargav¹, Sabaretnam Mayilvaganan², Vnssvams Mahalakshmi D³, Sarrah Idrees⁴, Rijuta Aphale⁵, Sapana B Jain⁶, Aromal Chekavar⁷, Rinelle Mascarenhas⁸

Keywords: Hail history taking, Laparoscopic options, Refresh radiology.

Indian Journal of Endocrine Surgery and Research (2022); 10.5005/jp-journals-10088-11179

Dear Mam,

During the third wave of COVID pandemic, routine patient care becomes difficult in institutions where the manpower is mobilized for treatment of patients infected with the virus.¹ Endocrine surgical specialty demands utmost dedication in evaluation of patients so as not miss any syndromic association or any other system involvement.^{2,3} In this scenario, we recommend A to Z advice regarding endocrine surgical practice.

A to Z of Endocrine surgical practice

Adhere to anatomy
 Bind to biochemistry
 Cool counseling patients
 Do data maintenance
 Elaborate examination
 Foster FNAC knowledge
 Gain patient confidence and consent
 Hail history taking
 In-depth investigation (appropriately when needed)
 Join in team work
 Keep upgrading expertise
 Latch on to laparoscopic options after adequate exposure
 Memorize metabolism
 Nudge to the next doctor
 Operate meticulously
 Perfect pre-op preparation
 Question yourself at every step
 Refresh radiology
 Sensible surgery (no underdo or overdo)
 Tag to teaching activities
 Update knowledge regularly
 Vetting your data
 X-Men (experienced man) matters
 Years of follow-up
 Zoom meetings to interact

Thank you.

^{1-4,6-8}Department of Endocrine Surgery, Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow, Uttar Pradesh, India

⁵Department of Endocrine Surgery, AIIMS, New Delhi, India

Corresponding Author: PRK Bhargav, Department of Endocrine and Breast Surgery, Endocare Institute of Medical Sciences, Vijayawada, Andhra Pradesh, India, e-mail: endoanswers@gmail.com

How to cite this article: Bhargav PRK, Mayilvaganan S, Mahalakshmi DV, et al. A to Z of Endocrine Surgical Practice. *Indian J Endoc Surg Res* 2022;17(1):30.

Source of support: Nil

Conflict of interest: None

ORCID

Sabaretnam Mayilvaganan  <https://orcid.org/0000-0002-2621-394X>

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