

Prof. S. Vittal Padma Shri Awardee, *Founder President, Indian Association of Endocrine Surgeons*

When my mind goes down the memory lane, it takes me to 1979 when I thought of starting a separate Department of Endocrine Surgery. My mind was clear that this is only a sub-speciality and if that is so, then what does make an Endocrine Surgeon unique? It is his ability of grasp of the combined knowledge of surgical techniques along with the knowledge of physiology and medical aspects of Endocrinology. Medical Endocrinology is a complex aspect of Medicine dealing with Clinical Presentation, Diagnosis and in depth analysis of hormones and their effects. With this in mind I used to sit in the Clinics of Medical Endocrinology and I must confess that in 6 months I have learnt a lot about what was not perceptive for me before.

The period between 1980 to 1986 was very arduous and I had to struggle a lot to achieve my aim to start a Department of Endocrine Surgery at Madras Medical College (MMC) and finally in 1987 my long standing dream and wish to start Department of Surgical Endocrinology came true. I was helped in these endeavours by Dr K Bijaikumar, Prof M Chandrasekaran and Prof N Dorairajan.

During that time, I must mention the other person who evinced keen interest in Endocrine Surgery was Prof K D Varma who was the Professor of Surgery in King George Medical College Hospital at Lucknow. It is only appropriate to mention that he was the first Editor of Annals of Endocrine Surgery. In the year 1989, I was invited to Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow to help in their endeavour to select personnel and develop a department of Endocrine Surgery. Slowly but steadily SGPGIMS with Prof Saroj Mishra and his team has grown from strength to strength to its present magnitude. During the same time Prof A S Fenn of Christian Medical College (CMC), Vellore who was also interested in Endocrine Surgery, was doing a lot of Endocrine Surgical procedures along with his General Surgical commitments ably assisted by Prof Aravindan Nair. At Madurai Medical College, Prof R Jothiramalingam took a keen interest in Endocrine Surgery and was doing a lot of Endocrine Surgical work which was later carried on by Prof M N Kamaludeen. I must mention two other surgeons who started doing dedicated Endocrine Surgical work that time were Prof R Dayananda Babu and Prof C Gopakrishnan Nair.

All like minded people interested in Endocrine Surgery in Association of Surgeons of India (ASI) got together and with their help and the permission of parent body, ASI, I was able to initiate the genesis of Indian Association of Endocrine Surgeons in 1993.

I can go on writing but suffice to say, I am today happy that three institutions namely MMC, SGPGIMS, CMC have started structured training programmes namely MCh in Endocrine surgery. I wish many more such Institutions will follow suit.

Today IAES has grown from strength to strength and is being recognized by other International Endocrine Surgical Associations due to the dynamic work by the next generation of Endocrine Surgeons. I am quite sure that this will be one of the foremost Surgical Association in the future.

I am quite happy that Indian Journal of Endocrine Surgery is brought out by Prof M N Kamaludeen and his team. I wish him and his team the very best in their endeavours. May I take this opportunity to wish all members of IAES and their families Seasons Greetings for the festive season ahead and Happy and Successful 2015.

(Prof S Vittal)